

Buddhānussati, Dhammānussati and Saṅghānussati

The Recollection of the Buddha, Dhamma and Saṅgha

**Itipi so bhagavā araham̐ sammāsambuddho
vijjācaraṇasampanno sugato lokavidū
anuttaro purisadammasārathi
sathā devamanussānaṃ buddho bhagavāti.**

**Svākkāto bhagavatādhammo
sanditṭhiko akāliko ehipassiko opanayiko
paccattaṃ veditabbo viññūhīti.**

**Supaṭipanno bhagavato sāvakaśaṅho
ujupaṭipanno bhagavato sāvakaśaṅho
ñāyapaṭipanno bhagavato sāvakaśaṅho
sāmīcipaṭipanno bhagavato sāvakaśaṅho
yadidaṃ cattāri purisayugāni aṭṭha purisapuggalā
esa bhagavato sāvakaśaṅho
āhuneyyo pāhuneyyo dakkhiṇeyyo añjalīkaraṇīyo
anuttaraṃ puññakkhettaṃ lokassāti.**

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*Such, indeed, he is a Blessed One, a Worthy One,
a Rightly Self-awakened One,
consummate in knowledge and conduct,
one who has gone the good way, knower of the cosmos,
unexcelled trainer of those who can be taught,
teacher of human and divine beings, awakened, blessed.*

*The Dhamma is well-expounded by the Blessed One,
to be seen here and now, timeless,
encouraging investigation, leading inward,
to be seen by the wise for themselves.*

*The Saṅgha of the Blessed One's disciples,
who have practiced well,
who have practiced directly,
who have practiced insightfully,
who have practiced properly,
namely, the four pairs, the eight types of Noble Ones,
that is the Saṅgha of the Blessed One's disciples,
worthy of gifts, worthy of hospitality,
worthy of offerings, worthy of respect,
the incomparable field of merit for the world.*

Reference

[A Chanting Guide, by The Dhammayut Order in the United States of America](#)